



# MemoryCare Caregiver Education Program

Dates: 09/12/17 to 10/17/17

Six sessions  
Meets every Tuesday

Time: 3:15-5:45 pm

Location:  
MAHEC  
Education Building  
121 Hendersonville Rd.

## Course Content

- Module I: What is Dementia
- Module II: Transitioning from Independence to Interdependence
- Module III: Functional and Behavioral Changes of Dementia
- Module IV: Dementia Treatment Options and Risk Reduction
- Module V: Maintaining Your Own Health
- Module VI: Dementia and Legal Planning Issues



“Caregiver College” in Asheville is located at the MAHEC Education Building. Please see our website for more details- [www.memorycare.org](http://www.memorycare.org)

A series of six lectures will be provided for caregivers of persons with memory disorders. Sessions are designed to improve caregiver understanding of different aspects of dementia care. Related presentation materials will be provided. Space is limited so please sign up via our office in advance.

There is no fee for caregivers enrolled in MemoryCare and for others, *there is an \$85 attendance fee for the course.*

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MemoryCare is a community based non-profit charitable organization providing care for individuals with dementia and support, education and counseling for their caregivers and families.

## MEMORYCARE

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Asheville, NC 28803

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*“From the first class of learning about dementia to all the classes following, it has been an atmosphere of learning from compassionate instructors. Thank you for all your help.”*

*Caregiver College participant*

***MemoryCare relies on charitable funds to offer this program in the community.***