



MemoryCare Caregiver Education Program *Haywood County*

Date: 3/28/17 through 5/2/17

Six Sessions

Meets every Tuesday

Time: 3:00 pm — 5:30 pm

at Maple Leaf Adult Day

63 Elmwood Way
(next to the
Senior Resource Center)
Waynesville, NC 28786

For directions call 456-9488



Course Content

- 3/28/17: What is Dementia?
- 4/4/17: Transitioning From Independence to Interdependence
- 4/11/17: Functional and Behavioral Changes of Dementia
- 4/18/17: Dementia Treatment Options and Risk Reduction
- 4/25/17: Maintaining Your Own Health
- 5/2/17: Dementia and Legal Planning Issues

A series of 6 two-hour lectures will be given for those who know someone with memory disorders. Sessions are designed to improve caregiver understanding of different aspects of dementia care. **The course will be led by Lisa Verges, MD.** Related presentation materials will be provided. Space is limited so you must sign up in advance. **There is no fee for caregivers enrolled in MemoryCare; for others, there is an \$85.00 attendance fee to attend.**



MemoryCare is a community based, non-profit charitable organization providing care for patients with dementia and counseling for their caregivers and families.

MEMORYCARE

to register:

Phone: 828-771-2219

Fax: 828-771-2634

or

E-mail:

office@memorycare.org

MemoryCare
Haywood Clinic
*is located at the
Haywood County Senior
Resource Center.*

*** This program is a 2017 recipient of Community Investment funds from Mission Health.**