



MemoryCare Caregiver Education Program

Dates: May 1st to June 5th, 2018

Six sessions

Meets every Tuesday

Time: 3:00-5:00 pm

Location:

Maple Leaf Adult Day
63 Elmwood Way
(Next to Senior Resource Center)
Waynesville, NC

For directions call 456-9488

Course Content

- Module I: What is Dementia
- Module II: Transitioning from Independence to Interdependence
- Module III: Functional and Behavioral Changes of Dementia
- Module IV: Dementia Treatment Options and Risk Reduction
- Module V: Maintaining Your Own Health
- Module VI: Dementia and Legal Planning Issues



A series of six lectures will be provided for caregivers of persons with memory disorders. Sessions are designed to improve caregiver understanding of different aspects of dementia care. **The course will be led by Lisa Verges, MD.** Related presentation materials will be provided. Space is limited so please sign up via our office in advance.

There is no fee for caregivers enrolled in MemoryCare and for others, *there is an \$85.00 attendance fee for the course.*

MemoryCare is a community based non-profit charitable organization providing care for patients with dementia and education and counseling for their caregivers and families.

MEMORYCARE
100 Far Horizons Lane
Asheville, NC 28803

Waynesville Clinic
Senior Resource Center
81 Elmwood Way
Waynesville, NC 28786

Phone: 828-771-2219
Fax: 828-771-2634

E-mail: office@memorycare.org

“From the first class of learning about dementia to all the classes following, it has been an atmosphere of learning from compassionate instructors. Thank you for all your help.” Caregiver College participant

MemoryCare is located on the Givens Estates Campus

MemoryCare relies on charitable funds to offer this program in the community.