



Care Consultation Program

Pam Lessig, MA, MBA, LPC



Caregiver Consult Services can include the following, but are not limited to:

- Finding resources and respite services**
- Handling dementia-related behaviors**
- Evaluating facility care**
- Reducing risk of elder fraud**
- Finding dementia-appropriate activities**
- Communication strategies**
- Additional resources available**

Once only, one hour caregiver consultations available.

"The most important gift of all was her caring support and understanding of the encompassing changes in my life due to the effects of dementia on my loved one." ~ Amy S.

To schedule an appointment, call MemoryCare at 828-771-2219.



Consultation benefits include:

- Service to help caregivers of patients with Alzheimer's and other related types of dementia to locate suitable resources to care for their loved one.
- One hour meeting with a MemoryCare-trained care consultant and licensed counselor to review caregiver needs and provide support and guidance.
- Consultation is for 1) families who may not need MemoryCare's more comprehensive services, or 2) families who need help before enrollment.

CAREGIVER TESTIMONIAL

"I was recommended to Caregiver Consultant, Pam Lessig. The time with her was invaluable. During our meeting, she helped me navigate avenues I didn't realize existed, concerning behaviors, stress management, and respite. She listened and found resources pertaining to our needs. You helped me realize how exhausting the whole process was. You have helped me give myself permission to balance the care of my loved one with my own needs." - Caregiver



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The SECU Center for MemoryCare
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