



The SECU Center for MemoryCare

WHAT TO EXPECT AT THE INITIAL APPOINTMENT

The total visit will average three hours, and is divided into four blocks of time. Please be mindful that each family is different, and may require sequence changes in the events described below.

- **Block one:** The patient and family interview with a Care Manager. The discussion at this time will be primarily between the patient and the Care Manager, who will review relevant medical history and start basic cognitive testing with the patient. It is important that the patient answer for themselves during this period unless the Care Manager directs questions to the family.

(A ten-minute break is provided at this time)

- **Block two:** The patient will go to an exam room with the Care Manager for further testing and preparation for the clinical exam. The family will be in a private interview with the doctor at this time.
- **Block three:** The doctor will have private time with the patient, performing further physical and cognitive testing as warranted. The Care Manager will meet with the family, review resources, and assess needs.
- **Block four:** The doctor, family, and patient (if appropriate) meet together to discuss findings and the plan of care.