Pre-Visit Packet

If you have spoken with our scheduler and prefer to expedite your paperwork instead of waiting for your packet to arrive in the mail, please complete the attached Pre-Visit Packet and return it to MemoryCare along with your deposit check for $50. We look forward to seeing you and hope that our program will be of assistance to you and your family. If you have any questions please call the office at 828-771-2219.

Return the Packet and your Deposit check to:

The SECU Center for MemoryCare
100 Far Horizons Lane
Asheville, NC 28803
PRE-VISIT QUESTIONNAIRE

A family member/caregiver of the person referred is requested to participate in completion of this form using patient data.

Date Completed: ____________________________________  Relationship to patient: ____________________________

Name of person filling out form: ___________________________  Last 4 digits of SS#: ____________________________

Address: ____________________________  Phone: ____________________________

Date of Birth: ___________  Age: ___________  Gender:  □ Male  □ Female

Marital Status: ____________________________  How many years married? ___ Spouse Name: ____________________________

Emergency contact for patient:  Name: ____________________________  Phone: ____________________________

Address: ____________________________  Email: ____________________________

Primary Insurance: ____________________________  Member ID: ____________________________  Group#: ____________________________

Secondary Insurance: ____________________________  Member ID: ____________________________  Group#: ____________________________

Medicare ID: ____________________________

REVIEW OF BODY/ORGAN SYSTEMS: Please check any symptoms you have had in the past year.

General:  □ Fever  □ Sweats  □ Fatigue  □ Weight gain or weight loss (___ lbs. in ___ months)  □ Insomnia  □ Poor Appetite

Skin:  □ Rashes  □ Jaundice  □ Sores or boils  □ Easy bruising  □ Blistering  □ Itching  □ Insect bites  □ Animal bites

HEENT:  □ Sore throat  □ Cough  □ Sinus Trouble  □ Ear pain or pressure  □ Eye pain  □ Vision changes  □ Trouble hearing  □ Headaches  □ Toothaches  □ Difficulty chewing or swallowing

Cardiac:  □ Chest pain  □ Chest pressure  □ Shortness of breath with exertion  □ Irregular heart rate  □ Difficulty breathing when lying down  □ Swelling in lower legs or ankles

Lungs:  □ Cough  □ Sputum production  □ Blood in sputum  □ Difficulty breathing  □ Wheezing

Gastrointestinal:  □ Abdominal pain  □ Bloating  □ Heartburn  □ Difficulty swallowing  □ Nausea  □ Vomiting  □ Diarrhea  □ Constipation  □ Blood in stool  □ Hemorrhoid pain  □ Rectal bleeding

Musculoskeletal:  □ Joint pain  □ Joint Stiffness  □ Joint swelling  □ Joint redness  □ Bone fractures - IF YES, where?

Genitourinary:  □ Pain with urination  □ Difficulty emptying the bladder  □ Bladder urgency  □ Incontinence  □ Frequent urination

Neurological:  □ Tremors  □ Seizures  □ Dizziness  □ Fainting  □ Leg or arm weakness  □ Memory problems  □ Hallucinations  □ Depression  □ Involuntary muscle movements

MEDICAL CONDITIONS YOU HAVE NOW, OR HAVE HAD IN THE PAST (please check):

VISION AND HEARING
□ Cataracts - If YES, did you have surgery to remove them?  □ No  □ Yes
□ Glaucoma
□ Macular Degeneration
□ Hearing Loss - If YES, do you currently wear a hearing aid?  □ Right ear  □ Left ear

◆◆Please complete both sides of the form◆◆
HEART CONDITIONS
Do you have a pacemaker or defibrillator? □ No □ Yes - If YES, please explain:___________________________
□ Angina □ High Blood Pressure
□ Heart Attack: Year __________ □ Irregular Heart Rate - □ Atrial Fibrillation/flutter
□ Congestive Heart Failure □ Other - Please explain:__________________________________________

LUNG CONDITIONS
□ Asthma
□ Bronchitis: □ Acute (<6 weeks) □ Chronic (>6 weeks) □ Wears oxygen
□ Pneumonia: Year:______________________
□ COPD/Emphysema
□ Other - Please explain:___________________________

BONE AND JOINT CONDITIONS
□ Arthritis
□ Bone Fractures - Please list:____________________
□ Gout
□ Osteoporosis
□ Other - Please explain:__________________________

METABOLIC/NUTRITIONAL CONDITIONS
□ Diabetes: □ Insulin is part of treatment □ Medication and diet □ Diet only
□ Thyroid disorder: □ Overactive □ Underactive
□ Anemia □ B12 deficiency □ Vitamin D deficiency □ Other – Please explain:_____________________

KIDNEY AND URINARY TRACT CONDITIONS
□ Kidney infections (Pyelonephritis)
□ Prostate disorder: □ Enlarged prostate □ Prostate cancer □ Surgery □ Incontinence of urine
□ Other - Please explain:_________________________
□ Frequent urinary tract infections (bladder)

GASTROINTESTINAL CONDITIONS
□ Gastric ulcers □ Colon polyps
□ Heartburn / Hiatal Hernia / Reflux disease □ Rectal bleeding
□ Diverticulosis □ Persistent diarrhea/constipation
□ Liver disease / Cirrhosis □ Other - Please explain:__________________________________________

NERVOUS SYSTEM PROBLEMS
□ Stroke □ Migraine headaches □ Bipolar disorder
□ Memory loss □ TIA or “mini strokes” □ Schizophrenia
□ Parkinson’s disease □ Sleep apnea - □ Wears CPAP/BiPAP □ Depression
□ Seizures □ Other - Please explain:__________________________

GYNECOLOGY PROBLEMS
□ Vaginal bleeding (other than periods) □ Vaginal itching, burning, pain
□ Vaginal discharge □ Breast lumps or pain

OTHER HEALTH PROBLEMS
□ Hernia □ Blood clots
□ Sexual function problems □ Cancer - Please explain:__________________________________________
□ Other - Please describe:__________________________

OTHER PAST MEDICAL HISTORY:
Is there a past history of head trauma? □ No □ Yes - Please explain:___________________________

Have you had a scan (MRI or CT) of your BRAIN? □ No □ Yes: Please list date, location, and reason it was performed (if known).
FAMILY HISTORY OF MEMORY LOSS:

Have any of your first degree relatives (mother, father, siblings or children) been diagnosed with a memory problem? □ No □ Yes - If YES, please provide your relationship to the person with the problem and their diagnosis, if known.

MEDICATION - *Please bring all of your medications with you to the appointment for review.*

Gather all your prescription and non-prescription medicines (pills, eye drops, nasal sprays, ointments, laxatives, herbal supplements, vitamin supplements, etc.) – *everything that you used at least twice in the last year.* Separate those that you use regularly from those that you use only as needed.

List all medicine you use *regularly* at this time (prescriptions, vitamins, and herbal remedies). Attach additional sheet if necessary.

<table>
<thead>
<tr>
<th>Name of medication used regularly</th>
<th>What strength? (Dose)</th>
<th>How many? How many times per day?</th>
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</tbody>
</table>

List medicines that you take “*as needed*” at least twice per year. Attach additional sheet if necessary.

<table>
<thead>
<tr>
<th>Medication used “as needed” at least twice in the last year</th>
<th>How often? Daily, weekly, monthly?</th>
<th>What strength? (Dose)</th>
<th>How many? How many times per day? Reason for taking?</th>
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</table>

ALLERGIES: List any medication allergies AND your reaction to them.
FUNCTIONAL HISTORY

Please indicate if you need help with any of the following tasks, and who helps you.

<table>
<thead>
<tr>
<th>Task</th>
<th>Independent</th>
<th>Need Assistance</th>
<th>Name and relationship of person who provides help</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ambulation</td>
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<tr>
<td>Bathing</td>
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<tr>
<td>Dressing</td>
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<tr>
<td>Toileting</td>
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<tr>
<td>Transferring (ex: bed to chair)</td>
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<tr>
<td>Feeding yourself</td>
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<tr>
<td>Doing housework</td>
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<tr>
<td>Climbing Stairs</td>
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<td></td>
<td></td>
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<tr>
<td>Shopping for groceries</td>
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<td></td>
<td></td>
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<tr>
<td>Cooking</td>
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<td></td>
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<tr>
<td>Taking medications</td>
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<td></td>
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<tr>
<td>Managing finances</td>
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<td></td>
<td></td>
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<tr>
<td>Using the telephone</td>
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<td></td>
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<tr>
<td>Simple home repairs</td>
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<tr>
<td>Driving</td>
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</tbody>
</table>

Is someone employed in the home to provide care?  □ No  □ Yes - If YES, indicate how many hours a day and how many days a week:

Does a family member or friend help in the home?  □ No  □ Yes - If YES, indicate how many hours a day and how many days a week:

DRIVING

Do you now drive a car?  □ No  □ Yes

If YES, during the past week, how many days did you drive?

During the past year, have you changed the way you drive?  □ No  □ Yes - If YES, how has it changed?

During the past year, have you had any accidents while driving?  □ No  □ Yes

During the past year, have you had any near misses while driving?  □ No  □ Yes

List any OPERATIONS you have had, the month/year they occurred, and the reason for the surgery. Please attach an additional page if more space is necessary.

<table>
<thead>
<tr>
<th>Date</th>
<th>Operation/Reason</th>
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<tbody>
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</tbody>
</table>

List any HOSPITALIZATIONS you have had (for anything other than surgery), the month/year they occurred, and the reason for the hospitalization. Please attach an additional page if more space is necessary.

<table>
<thead>
<tr>
<th>Date</th>
<th>Hospitalization/Reason</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
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</tr>
</tbody>
</table>
HEALTH SCREENINGS
Have you had a test for blood in your stool?  □ No  □ Yes - If YES, when?  

Have you had an examination of your bowel with a scope (Sigmoidoscopy or Colonoscopy)?  □ No  □ Yes - If YES, when was it most recently done?  

Have you ever had a:
  Shot to prevent pneumonia?  □ No  □ Yes - If YES, when?  
  Tetanus shot?  □ No  □ Yes - If YES, what is the date of the last booster?  
  Flu shot for the current season?  □ No  □ Yes - If YES, when?  
  Shingles vaccine?  □ No  □ Yes - If YES, when?  
  Bone density test?  □ No  □ Yes - If YES, when?  

For women only
Date of your last mammogram:  
Do you perform monthly breast self-exams?  □ No  □ Yes  
Date of your last pelvic exam and/or Pap smear:  

FAMILY HISTORY
Please indicate if family members are living or deceased, what illnesses they had, and their age or cause of death.

<table>
<thead>
<tr>
<th>Relative</th>
<th>Living or Deceased</th>
<th>Age</th>
<th>Current Illness or Cause of Death</th>
</tr>
</thead>
<tbody>
<tr>
<td>Father</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mother</td>
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<tr>
<td>Sister(s)</td>
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<td></td>
</tr>
<tr>
<td>Brother(s)</td>
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<tr>
<td>Spouse</td>
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<tr>
<td>Children</td>
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</tbody>
</table>

SOCIAL HISTORY
Where were you born and raised?  

With whom do you currently live? Please specify names and ages of those in the household.  

Describe your residence (house, apartment, etc.)  

Employment status:  
If retired, at what age did you retire?  

Years of schooling:  
If you have a degree, which type?  

Describe your occupation(s)  

Have you ever served in the military?  □ No  □ Yes - If YES, which branch?  
Dates of service:  

Has your spouse ever served in the military?  □ No  □ Yes - If YES, which branch?  
Dates of service:  

VA service connected?  □ No  □ Yes - If YES, self or spouse?  

Are there firearms in the home?  □ No  □ Yes  
Ammunition?  □ No  □ Yes  
If YES, are they kept in a locked place?  □ No  □ Yes  
Specify:  

Are there any pets in the home?  □ No  □ Yes  
Specify:  

5
Please complete both sides of the form▶▶
HABITS
Do you currently use oral tobacco? □ No □ Yes

Have you ever smoked? □ No □ Yes

Are you smoking now? □ No □ Yes
    If NO, when did you quit? ___________
    If YES, how many years have you smoked? ___________ How much do/did you smoke? __________________________

Do you drink any alcohol? □ No □ Yes - If YES, describe: __________________________

Did you formerly drink alcohol but have now quit? □ No □ Yes - If YES, describe: __________________________

Do you currently participate in any regular activity or exercise program? □ No □ Yes
    If YES, please describe what activity, and how often: __________________________

ADVANCE DIRECTIVES – Please bring a copy of these forms with you to the appointment.
Do you have: Living Will □ No □ Yes
    Health Care Power of Attorney □ No □ Yes (Agent named is: __________________________)
    Durable Power of Attorney □ No □ Yes (Agent named is: __________________________)
    Medical Orders for Scope of Treatment Form (MOST form): □ No □ Yes
    Out of Hospital Do Not Resuscitate form (DNR form): □ No □ Yes

Do you have a Long Term Care Insurance policy? □ No □ Yes

CURRENT CONCERNS
Do you have any other health problems that you would like your doctor to know about before your visit? Please describe.

What are your goals for this visit?

RESOURCE ASSESSMENT
MemoryCare is a community-based, charitable, non-profit organization because of the comprehensive care provided that includes families. We rely on the support of grants, foundations and individual donors in order to function. Many of the agencies that fund our program require us to provide the following information about families we serve. Your personal identifying information will never be shared in association with the information you provide below. We serve anyone with need. Thank you.

The following questions are in reference to the patient scheduled to be seen at MemoryCare.
Number of individuals living in household: ________ (please include all)

Check yearly income:
    (Level 2) Less than $12,140 (Level 4) $16,240 - $24,689 (Level 6) Greater than $32,920
    (Level 3) $12,140 - $16,239 (Level 5) $24,690 - $32,920

Please indicate if you receive the following sources of income:
Social Security: □ No □ Yes SSI: □ No □ Yes Employment: □ No □ Yes
Veterans Benefits: □ No □ Yes Food Stamps: □ No □ Yes Medicaid Eligible: □ No □ Yes

Is your residence:
    Owned □ No □ Yes
    Rented □ No □ Yes
    Other - Please describe: __________________________

With which of the following does the patient identify (optional):
 □ African American □ Alaska Native □ Asian □ Caucasian □ Hispanic/Latino
 □ Native American □ Other - Please specify:

Please have all insurance cards, including Medicare, available for your appointment.

THANK YOU FOR COMPLETING THIS FORM

Initials of Care Manager: ________
CAREGIVER FINANCIAL AGREEMENT

I understand MemoryCare is a community-based, charitable, non-profit organization established to provide support and care for families impacted by dementia. The care includes education, support and training for caregivers and expert medical care for the person living with dementia. To cover the cost of their services, MemoryCare raises charitable funds, charges patient insurance and has a cost-sharing caregiver fee that can be reduced or waived if there is financial hardship. The following is information about the fees, including the caregiver fee portion, for which I am acknowledging that I will be responsible:

- **Patient (person with cognitive impairment) Fees:** I understand MemoryCare will file Medicare or other insurance for the medically necessary care given to the patient/caregiver. The patient will be responsible for any deductible amount that has not been met by their insurance or any co-payment that results from the clinical portion of the visit.

- **Family/Caregiver Fees:** I understand that because MemoryCare’s program includes services for families that are known to be vital for the best care of a person living with dementia, but are not covered by Medicare or any type insurance, an additional fee of $695 per year is charged to the caregiver/family to help cover the cost.
  - This annual Caregiver Fee is payable from the caregiver on the initial visit.
  - Because medically necessary services to the patient are covered by Medicare or other insurance, but services we provide families are not fully covered, I understand that this caregiver fee is charged to the family/caregiver and cannot be paid by the patient.
  - I understand that the $50 deposit for our appointment will be applied to the caregiver fee and the remaining $645 will be due at the time of the initial appointment unless other arrangements have been made.

MemoryCare pursues charitable funds to keep this caregiver fee as low as possible and to ensure that no family will be denied service due to inability to pay. **If the fee is a financial burden, I can contact the Scheduler to make arrangements.** I have been told that they will work with families to ensure all receive the care needed.

I understand that the caregiver fee covers services for the supportive care, education, and training caregivers/families receive over a one year period and that such service is an integral part of MemoryCare’s program. Such services include, but are not limited to caregiver support, use of our library resources, workshops, and our caregiver training and education course.

I understand that I should contact the scheduler prior to the visit to make special arrangements if needing financial assistance.

Caregiver Name (Printed) ____________________________

Caregiver Signature ____________________________ Date ____________

Caregiver Mailing Address: ____________________________

City: ____________________________ State: ____________ Zip: ____________

Phone: Home ____________________________ Work ____________________________

NOTE from our team: For MemoryCare to operate, it costs on average $1500 per family per year for the services provided. With the Caregiver Fee and insurance reimbursement about half of that cost is covered and we raise charitable funds for half of our budget each year. We reduce or waive the caregiver fee for anyone unable to pay and hope that someday insurance will cover the cost of a program like ours. **Thank you.**
CAREGIVER CONTACT INFORMATION

PATIENT NAME: __________________________________________________________
List Name and Relationship of each contact provided.

<table>
<thead>
<tr>
<th>Name</th>
<th>Mailing Address</th>
<th>Phone Number</th>
<th>Relationship</th>
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</thead>
<tbody>
<tr>
<td>PRIMARY CONTACT:</td>
<td></td>
<td>✓ Home:</td>
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<td></td>
<td></td>
<td>✓ Work:</td>
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<td>✓ Cell:</td>
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*By providing an email address, you are accepting the potential security breaches that can occur with internet communications. Standard safeguards are taken to protect sensitive health information but potential risks remain.
*All contacts will receive educational and development mailings twice yearly unless opted out.

Physician Care Information

Primary Care Physician: __________________________ Phone: ______________________

Other medical providers involved in patient’s care (seen at least once in the past 2 years):

Neurologist: __________________________ Phone: ______________________
Neuropsychologist: __________________________ Phone: ______________________
Cardiologist: __________________________ Phone: ______________________
Other: __________________________ Phone: ______________________
Other: __________________________ Phone: ______________________
PATIENT CONSENT FORM

1. CONSENT TO MEDICAL CARE. I hereby authorize MemoryCare to perform examinations and administer treatments that are necessary and in my best interest.

2. AUTHORIZATION OF RELEASE OF MEDICAL INFORMATION. I authorize MemoryCare to furnish medical information, including identity, diagnosis, prognosis or treatment of any kind, to any insurance company that is providing benefits to me or to the physician’s office and to any professional review organizations with whom I may have insurance coverage or who may be assisting in payment of my medical care expenses. MemoryCare will follow terms of our Notice of Privacy Practices.

3. TRANSMISSION OF MEDICAL INFORMATION. I understand that physicians, health care agencies, clinicians, and medical and nursing facilities involved in my medical care may need medical information quickly for purposes of continuity of care and follow-up. I hereby authorize MemoryCare to transmit needed medical information to such entities via the most efficient method available in accordance with the Health Insurance Portability and Accountability Act of 1996 ("HIPAA") and our Notice of Privacy Practices.

4. ASSIGNMENT OF INSURANCE BENEFITS. In the event I am entitled to benefits arising out of any insurance policy, said benefits are hereby assigned to MemoryCare for application to my bill for services rendered. I authorize and direct any insurance company from which payment may be received for my care to furnish MemoryCare information regarding my benefits, status of claim, reasons for non-payment, and other information deemed necessary by MemoryCare.

5. MEDICARE BENEFITS. If the patient is covered by Medicare, the undersigned certifies that the information given in applying for payment under Title XVIII of the Social Security Act is correct. The undersigned authorizes any holder of medical or other information about the patient to release to the Social Security Administration or its intermediaries or carriers any information needed for this or a related Medicare claim. The undersigned assigns the benefits payable for the physician services to the physician or organization furnishing the services.

6. FINANCIAL AGREEMENT. The undersigned agrees, whether he or she signs as patient, as patient’s guardian or as patient’s agent or representative, that in consideration of the services to be rendered to the patient he or she obligates himself or herself to pay the account owed by the patient to MemoryCare.

7. PHOTO. A photograph of the patient and the individuals who accompany the patient will be taken and placed in the chart. This is to help staff members communicate more efficiently. You have the right to refuse this.

8. RETIREMENT COMMUNITIES. The undersigned agrees that MemoryCare has permission to release information to the clinical and social work staff of the retirement community in which he or she lives.

I understand that I retain the right to revoke this consent by notifying MemoryCare in writing at any time. MemoryCare retains the right to seek payment of services obtained prior to any decision to revoke this consent.

THE UNDERSIGNED CERTIFIES THAT HE OR SHE HAS READ AND UNDERSTANDS THE FOREGOING. THE UNDERSIGNED FURTHER CERTIFIES THAT HE OR SHE IS THE PATIENT OR IS DULY AUTHORIZED BY THE PATIENT AS THE PATIENT’S GENERAL AGENT OR REPRESENTATIVE TO EXECUTE THE FOREGOING AND ACCEPT ITS TERMS.

Patient

Designated Surrogate

Date

Relationship to patient

Date

Updated 04/19
AUTHORIZATION FOR RELEASE OF INFORMATION

1) If you have been seen by a neurologist and/or a neuropsychologist, please complete this form with their name(s) so we may obtain their evaluation(s) in advance of your visit to MemoryCare.

2) If a specialist of any kind referred you to our program, please complete this release so we may obtain records from your primary care provider.

I, ____________________________, do hereby consent to and authorize

(Patient name)

______________________________ to release to:

(Provider name)

MemoryCare
The SECU Center for MemoryCare
100 Far Horizons Ln
Asheville NC 28803-2046
Phone: 828-771-2634
Fax: 828-771-2634

Information from the medical record relating to my identity, diagnosis, prognosis, or treatment, including psychological disorders and substance abuse, results of HIV testing, sickle cell anemia, diagnoses related to Acquired Immune Deficiency Syndrome, and any other sensitive information defined by law. This information may be communicated through written and oral means. I understand the specific type of information/report to be disclosed includes:

- Progress notes
- Evaluation reports
- Labs
- Imaging

This information will be held strictly confidential and cannot be released by the recipient without my explicit consent.

I understand that I may revoke this consent in writing to the extent that action has been taken in reliance thereon. This consent will expire without such express revocation upon the following date, event or condition ninety days from the date below.

______________________________  ________________________________
DATE                          SIGNATURE OF PATIENT

______________________________  ________________________________
WITNESS                        AUTHORIZED REPRESENTATIVE/LEGAL GUARDIAN

Patient Information:

Patient name: ____________________________

Patient address: ____________________________________________________________

Date of Birth: ____________________________
NOTICE OF PRIVACY PRACTICES
Acknowledgement of Receipt

• I have reviewed MemoryCare's Notice of Privacy Practices and been given an opportunity to ask questions. I understand that MemoryCare may use or disclose my personal health information for the purposes of treatment, payment, and healthcare operations, including evaluating the quality of services provided and reporting to funding agencies. I understand that, if I notify the practice in writing, I have the right to restrict how my information is used and disclosed for treatment, payment, and healthcare operations. I, also, understand that MemoryCare will consider requests for restrictions on a case-by-case basis, but does not have to agree to such requests.

  ________________________________
  initial

• I hereby authorize MemoryCare, a charitable nonprofit organization, to use my protected health information for development activities. I understand this authorization does not affect my consent to use my protected health information for treatment, billing, or other healthcare operations and that I may revoke this consent at any time by notifying MemoryCare in writing.

  ________________________________
  initial

• I understand that MemoryCare is willing to communicate with me or my family via email, but cannot ensure its security. Please initial below if you approve of email communication with you or your family.

  I approve using email to communicate.

  ________________________________
  initial

Patient Name

Signature of Patient or Patient Representative ________________________________ Date

Relationship of Representative to Patient

FOR MemoryCare USE ONLY
If acknowledgement of receipt of Notice of Privacy Practices is not obtained from patient or representative, please explain efforts to obtain acknowledgement and the reasons you could not obtain it:

________________________________________________________________________

________________________________________________________________________

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4/7/2003 vht rev 4/1/2005 wdm rev 9/03/13 aph10/05/16aph 10/18aph