MemoryCare Caregiver Education Program

Dates: Mar. 19 to Apr. 23, 2020

Six sessions
Meets every Thursday

Time:
2:00 - 5:30pm

Location:
The SECU Center for MemoryCare
100 Far Horizons Lane
Asheville, NC 28803

Course Content
• Module I (3/19): What is Dementia
• Module II (3/26): Transitioning from Independence to Interdependence
• Module III (4/2): Functional and Behavioral Changes of Dementia
• Module IV (4/9): Dementia Treatment Options and Risk Reduction
• Module V (4/16): Maintaining Your Own Health
• Module VI (4/23): Dementia and Legal Planning Issues

“Caregiver College” in Asheville is located at The SECU Center for MemoryCare. Please see our website for more details and directions www.memorycare.org

A series of six lectures will be provided for caregivers of persons with memory disorders. Sessions are designed to improve caregiver understanding of different aspects of dementia care. The course will be led by Margaret Noel, MD with guest speakers; attorney Caroline Knox and MemoryCaregivers Network Coordinator, Mary Donnelly. Related presentation materials will be provided. **Space is limited. You must register by calling our office at (828) 771-2219.**

**IMPORTANT:** Thanks to grant funding to provide this course in a tele-education format, the normal fee of $180 to attend Caregiver College is being waived for attendees. In exchange, attendees will be expected to complete a 3-part participation survey: one prior to, one immediately post, and a final several months after the course.

MemoryCare is a community-based, nonprofit charitable organization providing care for individuals with dementia and support, education and counseling for their caregivers and families.

**TO SIGN UP PLEASE CONTACT MEMORYCARE**

Phone: 828-771-2219
Fax: 828-771-2634
E-mail: office@memorycare.org

“From the first class it has been an atmosphere of learning from compassionate instructors. Thank you for all your help.”

Caregiver College participant

MemoryCare relies on charitable funds to offer this program in the community.