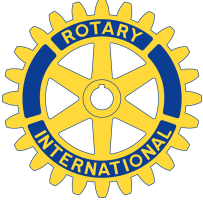


# Rotary International

We Connect People



Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Rotary connects 1.4 million members in 46,000 clubs. Our members are in over 200 countries, providing over 16 million volunteer hours annually.

For over 110 years, we've bridged cultures and connected continents to champion peace, fight illiteracy and poverty, promote clean water and sanitation, and fight disease. We have vaccinated over 3 BILLION children against polio.

Our leading efforts, locally and globally:

- Promoting Peace*
- Fighting Disease*
- Providing Clean Water*
- Saving Mothers & Children*
- Supporting Education*
- Growing Local Economies*
- Protecting the Environment*

Want to know more? We just might be the solutions and community you seek.

## Our Rotary Club

**The Rotary Club of Asheville-Biltmore**, at just over 50 members, is large enough to be interesting with our diverse histories, but not so large that the individual gets lost. We are approaching our 20th anniversary as a Rotary Club.

This is a multigenerational club of men and women; we value our friendships and opportunities to serve. In addition to several ongoing service projects locally and globally, we gather together twice a month for fellowship and learning.

We meet the first and third Mondays of each month at 7:30 AM. We normally meet at the Deerfield Retirement Community over a hot breakfast. When COVID restrictions are in effect, we meet by Zoom. Meetings run one hour.

**Is Rotary for you?** It might be if you like an organization that lives the motto "Service Before Self." It could be if you like hanging around with interesting people who care about others.

Want to know more, perhaps check out a meeting? Contact our Membership Chair, Issac Owolabi, at email or phone:

[dgisaac1819@gmail.com/](mailto:dgisaac1819@gmail.com)  
828-333-7246.

## Rotarians Moving to Fight Dementia



A 24-hour Walkathon by the **Rotary Club of Asheville-Biltmore** to Fight Dementia



*Friday Noon - Saturday Noon,  
February 25/26, 2022*

*Deerfield  
Episcopal Retirement Community,  
Community Center Blue Ridge Rm*

**To support this Walkathon  
by a donation and/or volunteering,  
see our website at**

<https://www.rotaryclubab.org>

## About Dementia

**Memory impairment affects close to half of Americans over age 85.** It seems almost all of us know someone affected by this terrible disease.

Alzheimer's disease, the most well-known of cognitive disorders, is the sixth leading cause of death in the US.

Regardless of the diagnosis, cognitive disorders are often the most common reasons we lose independence as we age.

These diseases profoundly affect not only the person living with memory impairment, but their caregivers, who are frequently

## Why are we Doing This Walkathon?

**Rotarians are people of ACTION.** Rotary exists specifically to provide a means of service to our communities and to the world. Dementia is a defining challenge of our time.

Rotary has been a leading partner in eliminating polio (only 2 countries left). So, too, is Rotary a key player in supporting clean water, food security, medical care, and needs. **Meeting challenges is what we do.**

Fighting dementia is in our DNA. This marathon is our way of making a difference and of putting our values into results. We are doing this to raise funds for two important programs:

## About CART

The CART Fund (**Coins for Alzheimer's Research Trust**) provides money for cutting edge research to cure Alzheimer's disease.

CART started in 1996 with Rotarians at our meetings voluntarily emptying their pockets and purses of change into now well-known blue buckets.



The fund has grown to play a major role in Alzheimer's research. Over **\$9.2 million has been provided in 55 grants** to recognized US research institutions.

**100% of donated funds go to cutting edge Alzheimer's Disease research.** The program is a 501(C)3 nonprofit.

CART's Board of Trustees are representatives from Rotary Districts that support CART. The national president is a member of our own Rotary Club of Asheville-Biltmore.

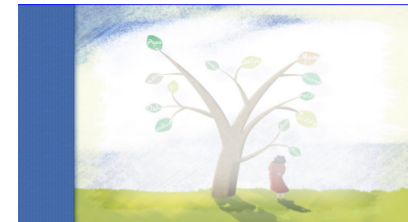
**You can support CART** by pledging to support this marathon and also anytime thereafter by going to: <http://www.cartfund.org/cart/donations/>. Here you will find more information and donation links.

## About MemoryCare

The diagnosis of a cognitive disorder puts in motion a long and challenging journey for patients and their families.

**MemoryCare is there every step of the way,** from assessment and treatment, to support and education for families and caregivers.

MemoryCare is a non-profit charitable organization, located in Asheville, NC, consisting of a team of physicians, nurses, social workers, and volunteers.



They are dedicated to one goal – helping individuals with Alzheimer's Disease and other cognitive disorders live as fully as possible for as long as possible at home or in their preferred setting.

**MemoryCare is the only organization of this kind in Western North Carolina and one of the few in the nation** focused on equipping the caregiver with the resources they need, as well as providing excellent care to their loved one.

They also have a satellite clinic in Waynesville, NC (west of Asheville), where they serve rural patients living in surrounding counties.

To find out more about this wonderful organization, go to <https://memorycare.org>