# Foot Care and Health Education Program

**WHAT:**

MemoryCare is partnering with ABIPA to offer a Foot Care Clinic for older adults in the community with educational materials about healthy aging, caregiving and more.

**WHEN and WHERE:**

From 1pm-4pm  
All locations in Asheville, NC

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Address</th>
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<tbody>
<tr>
<td>6/8</td>
<td>Grove St Community Center</td>
<td>36 Grove St</td>
</tr>
<tr>
<td>6/22</td>
<td>Laurel Wood Apts, 650 Caribou Rd</td>
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<tr>
<td>7/13</td>
<td>St. Paul’s Missionary Baptist Church</td>
<td>170 Fayetteville St</td>
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<tr>
<td>7/27</td>
<td>St. Paul’s Missionary Baptist Church</td>
<td>170 Fayetteville St</td>
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<tr>
<td>8/10</td>
<td>Grove St Community Center</td>
<td>36 Grove St</td>
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<tr>
<td>8/24</td>
<td>Maple Crest Apts, 20 Lee Garden Lane</td>
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<tr>
<td>9/14</td>
<td>Shiloh Community Center, 121 Shiloh Rd</td>
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<tr>
<td>9/28</td>
<td>Burton Street Community Center, 134 Burton St</td>
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**SERVICES INCLUDE (BUT ARE NOT LIMITED TO):**

- Toenail trimming
- Filing calluses
- Checking for common medical problems that impact mobility
- Referrals to community services
- Baseline cognitive assessments

**THERE IS NO COST FOR THIS SERVICE!**

Foot care is first come, first serve with no appointment needed  
Educational materials will be available about caregiving and healthy aging  
For additional information contact the MemoryCare team at 828-771-2219

**WHO:**

SERVICES AVAILABLE TO ALL WITH FOCUS ON OLDER ADULTS

Foot care will be provided by board certified geriatrician, Dr. David Johnson & team

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Funded in part by a grant from The Community Foundation of Western North Carolina