

Foot Care and Health Education Program



WHAT :

MemoryCare is partnering with ABIPA to offer a Foot Care Clinic for older adults in the community with educational materials about healthy aging, caregiving and more.



WHEN and WHERE:

From 1pm-4pm
All locations in Asheville, NC

6/8: Grove St Community Center, 36 Grove St

6/22: Laurel Wood Apts, 650 Caribou Rd

7/13: St. Paul's Missionary Baptist Church
170 Fayetteville St

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8/10: Grove St Community Center, 36 Grove St

8/24: Maple Crest Apts, 20 Lee Garden Lane

9/14: Shiloh Community Center, 121 Shiloh Rd

9/28: Burton Street Community Center,
134 Burton St

SERVICES INCLUDE

(BUT ARE NOT LIMITED TO):

- Toenail trimming
- Filing calluses
- Checking for common medical problems that impact mobility
- Referrals to community services
- Baseline cognitive assessments

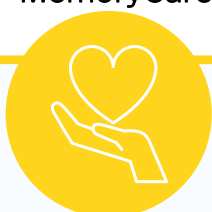


THERE IS NO COST FOR THIS SERVICE!

Foot care is first come, first serve with no appointment needed

Educational materials will be available about caregiving and healthy aging

For additional information contact the MemoryCare team at 828-771-2219



WHO :

SERVICES AVAILABLE TO ALL WITH FOCUS ON OLDER ADULTS

Foot care will be provided by board certified geriatrician, Dr. David Johnson & team



Funded in part by a grant from
The Community Foundation of Western North Carolina